

Isle of Wight Tae Kwon-Do Tournament 2011



Sunday 16th October 2011 at West Bay Club, Halletts Shute, Yarmouth, PO41 0RJ
 Please complete all details clearly and return this form to your instructor along with payment as soon as possible. Closing date for entries is Friday 14th October.

Name:		D.O.B.:	Sex : M/F
Phone Number:			
e-mail address :			
Current Grade :	Height (cm) :	Weight (kg) :	

Events you wish to enter. Please tick all boxes that apply. £8.00 per event or £15.00 for two or more events. Spectator price of £2.00 per person will be collected on the day.

Point-Stop Sparring	<input type="checkbox"/>	Continuous Sparring	<input type="checkbox"/>
Patterns	<input type="checkbox"/>		

Tournament rules - Sparring

Full Safety gear is compulsory if you are entering either of the sparring categories. We will have a few spare sets at the tournament for any students who do not yet have Safety Gear, however gum shields will not be provided, so they must be purchased by the student in advance.

The sparring will be on a Semi-Contact basis, which basically means you are aiming to strike your opponent but not hurt them. Legal target areas are the front and side of the torso and the head. No sweeps or takedowns are permitted. Points are awarded as follows; Hand technique to any target area = 1 point. Foot technique to the torso = 2 points. Foot technique to the head = 3 points. Points will be deducted for the following; Excessive contact, Loss of Balance (any part of the body other than the feet touching the floor), Traveling outside the area on 2 occasions.

Rounds will last a duration of 1.5 minutes and 2 minutes in the final.

In Point-Stop sparring the fight will be stopped on every occasion a point is scored and the fighters will return to the starting position before continuing. Scores will be displayed on the referee's table.

In continuous sparring the fighters will continue fighting for the duration of the round and the decision is made by the 4 umpires on the ring at the end of the round.

Tournament rules – Patterns

Competitors can perform any pattern in this tournament. You will be judged on how well you perform the pattern and not on how hard the pattern is.

Competitors will perform 2 at a time and the winner will progress to the next round.

WAIVER: I realise that Tae Kwon-Do is a contact sport and do hereby waive and release all rights and claims for damages that may occur to me or my child(ren) against the tournament host, promoters, directors, representatives and sponsors as a result of my/their participation in this event. I agree to assume full responsibility for my/their actions in connection with this event. Permission is also given to photograph or video my participation for future promotions without compensation whatsoever. I have read and understand the basic rules and regulations of this event and will hereby abide by them. I hereby certify that the information contained in this application is correct and accurate to the best of my knowledge.

Signed (parent or guardian if under 18):

X. _____ Date: _____